

Cancer Rehabilitation: Latest findings and new directions July 7th 2014

PROGRAM

- 8:45 – 9:15** **Welcome Reception with coffee and tea**
- 9:15 Word of welcome and setting the stage: Introduction and brief overview of the Alpe d'HuZes Cancer Rehabilitation A-CaRe program. *Dr. Laurien Buffart*
- 9:35 Exercise in cancer patients and survivors: From Symptom Control to Survival. *Prof. dr. Kerry Courneya*
- 10:10 Resistance and Endurance exercise After Chemotherapy (REACT): Training at high or moderate intensity? *Caroline Kampshoff*
- 10:30 Physical Exercise during chemotherapy: how much is enough? *Hanna van Waart*
- 10:50** **Morning Tea**
- 11:20 Physical fitness of patients treated with high dose chemotherapy and autologous stem cell transplantation. *Saskia Persoon*
- 11:40 Physical and psychosocial training program for children with cancer. First results of the QLIM study. *Katja Braam and Alice Lokkart-van Dijk*
- 12:00 Reflection and Discussion
- 12:30** **Lunch**
- 13:30 Progress and Challenges in Addressing Fatigue in Cancer Survivors. *Dr. Paul Jacobsen*
- 14:05 Power to the patient, Implementing exercise programs and empowering IT tools for cancer survivors. *Dr. Wim Groen*
- 15:00** **Afternoon tea**
- 15:30 Oncopol: Oncological Rehabilitation at the Dutch police. *Dr. Jan Gerrit Schuurman and dr. David Bruinvels*
- 15:50 Exercise medicine for cancer management. *Prof dr. Rob Newton*
- 16:30 General Discussion and Debate
- 17:00** **Wrap up, closing, and refreshments**

Please register before June 11th 2014 by sending an email to a-care@vumc.nl
After registration, this symposium is **FREE** of charge.

